

Women & Girls

Men & Boys

Shot Putt

			U11	Dan Cartwright	9.84m	2011
Rachel Perry	9.44m	2004	U13	Dan Cartwright	14.40m	2013
Zara Gibbs	10.09m	2018	U15	Ashley Knott	12.95m	1991
Emma Sherwood	11.05m	2018	U17			
Laura Perry	10.06m	1993	U20	Rob Bridgwater	13.13m	2005
J. M. Adams	11.60m	1988	SNR	Richard Woodhall	13.66m	2014
Ann-Marie Walton	9m	2012	M35	Richard Woodhall	14.08m	2016
Ann-Marie Walton	7.65m	2015	M40	David Sharp	12.20m	2006
Jayne McLean	7.12m	2007	M45	David Sharp	12.18m	2008
Mary Harding	7.84m	2003	M50	Bob Cutler	9.36m	1998
Elaine Restorick	5.55m	2014	M55	Bob Cutler	10.10m	2002
Elaine Restorick	5.21m	2019	M60	Bob Cutler	10.21m	2010
Pam Horwill	7.07m	2001	M65	Ian Gapper	10.13m	2014
Pam Horwill	4.91m	2005	M70	Eric Horwill	5.67m	2003
			M75	Eric Horwill	4.18m	2010

Discus

	16.25m	2011	U11	Seb Quinard	16.25m	2018
Ellie Cumberbatch	24.92m	2009	U13	Harry Mobberley	28.16m	1990
S. Partridge	30.44m	1985	U15	Ashley Knott	41.04m	1989
Laura Perry	39.56m	1992	U17	Ashley Knott	52.62m	1991
Laura Perry	36.62m	1994	U20	Ashley Knott	47.38m	1991
Laura Perry	39.62m	2001	SNR	Richard Woodhall	42.17m	2012
Ann-Marie Walton	29.93m	2010	M35	Richard Woodhall	37.32m	2017
Jayne McLean	19.49m	2003	M40	David Sharp	31.73m	2007
Elaine Restorick	16.50m	2007	M45	David Sharp	30.76m	2008
Mary Harding	17.89m	2003	M50	Geoff Fullwood	24.92m	2007
Elaine Restorick	14.43m	2014	M55	Geoff Fullwood	23.50m	2012
			M60	Bob Cutler	23.44m	2010
Pam Horwill	12.63m	2002	M65	Geoff Fullwood	28.56m	2024
Pam Horwill	11.46m	2007	M70	Eric Horwill	21.17m	2004
			M75	Eric Horwill	16.21m	2009
			M80	Eric Horwill	14.57m	2014
			M85	Eric Horwill	12.58m	2018

Javelin

			U11	Kian Avey	32.10m	2019
D. Levy	21.92m	1974	U13			
Selby Croot	34.88m	1989	U15	Adam Perry	45.38m	1988
Selby Croot	36.80m	1990	U17	Martin Fowkes	58.64m	1988
Selby Croot	36.80m	1993	U20	Martin Fowkes	59m	1990
Ann-Marie Stirling	40.60m	1992	SNR	Richard Woodhall	60.67m	2012
Ann-Marie Walton	28.84m	2009	M 35	Richard Woodhall	56.11m	2015
Kim Braznell	18.79m	1999	M 40	Richard Woodhall	44.75m	2022
Kim Braznell	18.53m	2001	M 45	Geoff Fullwood	28.07m	2008
Mary Harding	16.71m	2003	M 50	Eric Smith	24.18m	2011
Elaine Restorick	10.25m	2015	M 55	Bob Cutler	21.08m	2005
Pam Horwill	12.35m	1999	M 60	Roland Day	13.97m	2008
Pam Horwill	13.12m	2000	M 65	Ian Gapper	27.90m	2006
Pam Horwill	10.93m	2008	M70	Eric Horwill	14.43m	2003
			M75	Eric Horwill	9.13m	2008

Hammer

			U15	John Shilvock	46.06m	1983
Rachel Perry	21.89m	2007	U17	Simon Washbrook	45.22m	1993
Jodie Daniliw	35.96m	2002	U20	Nathan Swingewood	40.37m	2003
Laura Perry	42.62m	2001	SNR	Trevor Crichton	46m	
Ann-Marie Walton	34.09m	2009	M 35	Richard Woodhall	47.69m	2016
Elaine Restorick	16.11m	2004	M 40	Richard Woodhall	37.72m	2022
Anita Cutler	10.16m	1998	M 45	Geoff Fullwood	35.20m	2002
Mary Harding	26.64m	2003	M 50	Geoff Fullwood	38.76m	2007
Elaine Restorick	17.80m	2018	M 55	Geoff Fullwood	29.64m	2012
			M 60	Bob Cutler	27.37m	2010
			M 65	Geoff Fullwood	29.26m	2024
			M 70	Eric Horwill	16.45m	2004